

2008 Tour de Cure Youth Ambassadors



Tyler Kramer - Twelve-year old Tyler was diaanosed with type 1 diabetes two years ago and enjoys spending his summers at the ADA's Camp Midicha. Tyler does not let diabetes stop him from doing anything, especially playing soccer or doing well in school.

Erin McMann - Erin was diagnosed with type 1 diabetes when she was five years old. She wants people to know that diabetes is a very serious disease with no cure. Erin enjoys basketball, swimming, and dance.

Both Tyler and Erin are proud to be the 2008 Tour de Cure Youth Ambassadors. They look forward to educating people about diabetes.

Special Thanks To: We would like to thank our 2007 sponsors and volunteers. The success of the 2007 Tour de Cure would not have been possible without your support!

Top Individuals 2007

Marcus Alcala	\$11,253
Rachel Fox	\$4,545
Peri Kramer	\$3,245
Roger Gullickson	\$3,045
Howard Griffin	\$2,750
Aaron Orel	\$2,615
Eric Headrick	\$2,430
Justin Trivax	\$2,355
Amy Laskosky	\$2,265
Tom Brennan	

REGISTER NOW



TourdeCure2008

TAKE THE RIDE OF YOUR LIFE.

Sunday, June 8, 2008 Island Lake Recreation Area Saturday, June 21, 2008 Yankee Springs Recreation Area



REGISTER ONLINE AT DIABETES.ORG/TOUR

Sunday, June 8, 2008 Island Lake Recreation Area 70 & 50 Mile Routes: 7:00 AM Check-in, 7:30 AM Start 25 Mile Route: 8:30 AM Check-in, 9:00 AM Start 7 & 15 Mile Routes: 9:00 AM Check-in, 9:30 AM Start

8 & 14 Mile Moutain Bike Trails: 9:00 AM Check-in, 9:30 AM Start Start/Finish: Kent Lake Beach Area

Event Route: 70 mile – Are you ready for a challenge? This route is for advanced riders and features varied terrain and climbs up rolling hills. You should be able to maintain 15-17 mph average to finish by 1 p.m.

50 mile - Perfect for the fit weekend warrior! This ride offers all the splendor of the 70 mile route with an average pace of 12-15 mph.

25 mile - A great route for the recreational rider looking for a scenic ride. This route takes you though Island Lake Recreation Area and the hills of Kensington Metro Park. 15 mile - This route is great for beginner to intermediate riders who want a longer ride within the park boundaries. A great family ride!

7 mile - Our most popular family route is flat and easy for kids as well as for adults who want a shorter distance. The route follows a smooth, paved trail separated from car traffic for your safety and comfort.

8 mile mountain trail – This route offers rolling forest paths and grassy meadows. A great ride for beginner to intermediate riders.

14 mile mountain trial – This route is a continuation of the 8 mile trial with some heavy forested trails, steep hills, and scenic overlooks. This route is for intermediate to advanced riders.

Lunch sponsored by Carrabba's Italian Grill and will be served from 10:30 a.m. to 2:00 p.m.

Saturday, June 21, 2008 Yankee Springs Recreation Area 70 Mile Route: 7:00 AM Check-in, 7:30 AM Start 40 Mile Route: 7:30 AM Check-in, 8:00 AM Start 25 Mile Route: 8:00 AM Check-in, 8:30 AM Start 15 Mile Route: 8:30 AM Check-in, 9:00 AM Start

8 & 13 Mile Mountain Bike Trails: 9:00 AM Check-in, 9:30 AM Start Start/Finish: Gun Lake Access

Event Route: 70 mile - This route is designed for advanced riders. The route offers all the splendor of the 25 and 40 mile routes with some challenging hills. An average pace of 17-20 miles per hour is recommended.

40 mile – This route is a continuation of the 25 mile route and is areat for intermediate to advanced riders. An average pace of 12-15 miles per hour is recommended. 25 mile - This route takes you around the lake with a slight jog to the west through

small towns. This course is paved and offers something for every cyclist. 15 mile – This route loops around the lake. It is great for the beginner and intermediate rider.

8 mile mountain trail – This route is for the beginner to intermediate rider and offers forest paths and grassy meadows.

13 mile mountain trail - This route is a continuation of the 8 mile trail with steep hills and forested trails and is designed for the advanced rider.



Raise the required \$150 minimum and receive the 2008 Tour de Cure commemorative

T-shirt (not pictured). Raise between \$200 and \$10,000 and receive a special thank you gift in recognition of your fundraising achievement. Gifts include cyclina aear and apparel or aift certificates. depending on level reached.

Be a TEAM CAPTAIN and earn DIABETES DOLLARS toward thank you aifts. If you're an alumni or new Team Captain, for every NEW rider you recruit to your team, we'll credit you with 25 Diabetes Dollars.

To receive the credit, both you and the new Raise \$2,100 to receive rider must raise and turn in at least \$150 this Champion iersev. before May 18, 2008. Money raised through the personal fundraising page counts as "turned in." There is no limit to the Diabetes Dollars you can earn.



Register Online. Register by April 24, 2008 and earn ten Diabetes Dollars towards your thank you gifts. It's simple and convenient. Web tools will make your fundraising easy and fun. You can create your own Web page, e-mail your friends and family, accept online credit card contributions and raise more money in the fight against diabetes.

Early Bird Registration Fee:	\$15 (+ fundraising minimum) until March 14, 2008	
Registration Fee:	\$20 (+ fundraising minimum) until May 31, 2008	
Week of Event Registration Fee:	\$25 (+ fundraising minimum)	
Fundraising Minimum:	\$150	
Website Address to Register:	diabetes.org/tour	
Phone Number to Register:	(888) DIABETES	
Fax Number to Register:		
All cyclists must turn in a minimum of \$150 in addition to the registration fee to participate. Registration fee does not count towards fundraising minimum. Registration fee is non-refundable and non-transferable.		



Top Teams 2007

Durr Systems\$77,667

Amy's Angels\$7,667

Team Murphy\$6,919

AT&T Saddle Soars\$5,271

Macomb Bike & Fitness . .\$4,284

Team Orel\$4,155

Signoutfitters.com/